

MEDICAL HISTORY FORM

Thank you for downloading our comprehensive Medical History Form!

This form represents an important adjunct to your dental exam because it not only creates improved oral literacy but acts as a system checker. Understanding the *why* behind each question and what it means for patient risk management will fundamentally change your practice and elevate the dental experience for your patients. Every single question has been carefully created and incorporates annually updated research, patient psychology, neurology, and pharmacology. This sets the stage for both the immediate issues and a more long-term focus on predictable treatment outcomes. The binary layout of the questions takes emotion out of the patient risk assessment allowing for scientifically supported facts to supply successful, predictable, repeatable outcomes for both simple and complex restorative cases.

The image shows a thumbnail of the 'MEDICAL HISTORY' form. It is a comprehensive questionnaire with multiple sections. At the top, it asks for patient name, date of birth, and gender. Below that, it asks for the name of the physician and the patient's primary care physician. The form is divided into several columns with checkboxes for various medical conditions and symptoms. The sections include: 'ALLERGY INFORMATION', 'CURRENT MEDICATIONS', 'PAST MEDICAL HISTORY', 'SURGICAL HISTORY', 'DENTAL HISTORY', and 'SOCIAL HISTORY'. The form is designed to be a binary layout, meaning it uses checkboxes to record 'yes' or 'no' answers to specific questions.

COURSES: 103 & 153

In [Course 103: Treatment Planning](#), Dr. John C. Kois, Director of the Kois Center explains the Diagnostically Driven Treatment Planning concept. The move from single tooth dentistry to comprehensive care requires a great understanding of risk factors and the ability to manage them effectively. The comprehensive examination—the initial patient engagement—focuses the clinician and patient on the variables most likely to ensure a predictable and excellent outcome.

In [Course 153: Functional Occlusion](#), Dr. Kois explains his philosophy of occlusal management incorporates diverse concepts and scientifically supported facts to supply successful, predictable, repeatable outcomes for both simple and complex restorative cases. Understanding and managing functional occlusion is essential to the long-term stability of restorative dentistry. Functional Occlusion will provide you with a practical understanding of the masticatory system and teach you to utilize your laboratory technicians, office team, innovative technology, and the dental articulator to predictably manage occlusion. You will be introduced to accessible methods which are scientifically researched, evidence-based and clinically proven.

MEDICAL HISTORY

Patient Name _____ Nickname _____ Age _____

Name of Physician/and their specialty _____

Most recent physical examination _____ Purpose _____

What is your estimate of your general health? Excellent Good Fair Poor

DO YOU HAVE or HAVE YOU EVER HAD:

YES NO

YES NO

1. hospitalization for illness or injury _____
2. an allergic or bad reaction to any of the following:
aspirin, ibuprofen, acetaminophen, codeine _____
penicillin _____
erythromycin _____
tetracycline _____
sulfa _____
local anesthetic _____
fluoride _____
chlorhexidine (CHX) _____
iodine _____
metals (nickel, gold, silver, _____)
latex _____
nuts _____
fruit _____
milk _____
red dye _____
other _____
3. heart problems, or cardiac stent within the last six months _____
4. history of infective endocarditis _____
5. artificial heart valve, repaired heart defect (PFO) _____
6. pacemaker or implantable defibrillator _____
7. orthopedic or soft tissue implant (e.g joint replacement, breast implant) _____
8. heart murmur, rheumatic or scarlet fever _____
9. high or low blood pressure _____
10. a stroke (taking blood thinners) _____
11. anemia or other blood disorder _____
12. prolonged bleeding due to a slight cut (or INR > 3.5) _____
13. pneumonia, emphysema, shortness of breath, sarcoidosis _____
14. chronic ear infections, tuberculosis, measles, chicken pox _____
15. breathing problems (e.g. asthma, stuffy nose, sinus congestion) _____
16. sleep problems (e.g. sleep apnea, snoring, insomnia, restless sleep, bedwetting) _____
17. kidney disease _____
18. liver disease or jaundice _____
19. vertigo (e.g. "the room is spinning") _____
20. thyroid, parathyroid disease, or calcium deficiency _____
21. hormone deficiency or imbalance (e.g. polycystic ovarian syndrome) _____
22. high cholesterol or taking statin drugs _____
23. diabetes (HbA1c = _____) _____
24. stomach or duodenal ulcer _____
25. digestive or eating disorders (e.g. celiac disease, gastric reflux, bulimia, anorexia) _____

26. osteoporosis/osteopenia or ever taken anti-resorptive medications (e.g. bisphosphonates) _____
27. arthritis or gout _____
28. autoimmune disease
(e.g. rheumatoid arthritis, lupus, scleroderma) _____
29. glaucoma _____
30. contact lenses _____
31. head or neck injuries _____
32. epilepsy, convulsions (seizures) _____
33. neurologic disorders (e.g. Alzheimer's disease, dementia, prion disease) _____
34. viral infections and cold sores _____
35. any lumps or swelling in the mouth _____
36. hives, skin rash, hay fever _____
37. STI/STD/HPV _____
38. hepatitis (type _____) _____
39. HIV/AIDS _____
40. tumor, abnormal growth _____
41. radiation therapy _____
42. chemotherapy, immunosuppressive medication _____
43. emotional difficulties _____
44. psychiatric treatment or antidepressant medication _____
45. concentration problems or ADD/ADHD _____
46. alcohol/recreational drug use _____

ARE YOU:

47. presently being treated for any other illness _____
48. aware of a change in your health in the last 24 hours
(e.g., fever, chills, new cough, or diarrhea) _____
49. taking medication for weight management _____
50. taking dietary supplements, vitamins, and/or probiotics _____
51. often exhausted or fatigued _____
52. experiencing frequent headaches or chronic pain _____
53. a smoker, smoked previously or other (e.g. smokeless tobacco, vaping, e-cigarettes, and cannabis) _____
54. considered a touchy/sensitive person _____
55. often unhappy or depressed _____
56. taking birth control pills _____
57. currently pregnant _____
58. diagnosed with a prostate disorder _____

Describe any current medical treatment, impending surgery, genetic/development delay, or other treatment that may possibly affect your dental treatment. (i.e. Botox, Collagen Injections) _____

List all medications, supplements, vitamins, and/or probiotics taken within the last two years.

Drug	Purpose	Drug	Purpose
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

PLEASE ADVISE US IN THE FUTURE OF ANY CHANGE IN YOUR MEDICAL HISTORY OR ANY MEDICATIONS YOU MAY BE TAKING.

Patient's Signature _____ Date _____

Doctor's Signature _____ Date _____



WHAT IS THE KOIS CENTER?

The KoIs Center is a didactic and clinical program, featuring a comprehensive curriculum of nine courses. At the KoIs Center, we strive to use the latest advances in esthetics, implants and restorative dentistry. Adjunct courses are also offered, which complement the KoIs Center curriculum. All courses are based upon Dr. John C. KoIs' mission statement:

"Enabling motivated dentists to achieve extraordinary levels, expanding knowledge and application skills in restorative dentistry."

Approved Continuing Education Credits include:

- AGD Pace Certified
- ADA CERP
- AACD PESA Member

WHAT MAKES THE KOIS CENTER UNIQUE?

The curriculum is taught almost exclusively by Dr. John C. KoIs, using the KoIs Research Center research. The KoIs Center is the only continuing education program in the country conducting and publishing independent research. Every course is updated each year based on new scientific evidence. Some of our courses, like Biomechanics I & II, are based solely on our own research.

The KoIs Center uses the best and most current technology to facilitate and support the learning environment including: computer animation, live video demonstrations, video cameras with simultaneous multiple input feeds, high tech dental office and laboratory interface with our conference room.

We have small class sizes of up to 37 students, as well as guidance and assistance during courses from Mentors and the Clinical Instructor. These individuals provide a supportive and highly interactive learning environment both before, during, and after the course. Once students complete the KoIs Center curriculum they become a Graduate of the Center and are invited to attend the Annual Symposium. The Annual Symposium is an opportunity to network with KoIs Center Graduates and their families, in addition to learning about the latest updates to the curriculum.

The KoIs Center is a self-funded learning center. We do not accept sponsorship funding and are not swayed by the agenda or message of sponsors.

WHO ATTENDS THE KOIS CENTER?

Attendance is open to all dental professionals including: general dentists, specialists, laboratory technicians, and dental staff. Those who find the KoIs Center to be the best "fit" for them often have the following characteristics in common:

- Value being at the forefront of solid, scientific evidence
- Appreciate a small, personal classroom atmosphere where participation is encouraged
- Desire to participate and collaborate with other dental professionals
- Desire to become involved in providing more comprehensive care for patients

Strive to be excellent



Course Overview

Director John C. KoIs, DMD, MSD



103 – Treatment Planning

Course Description

This Treatment Planning Course is a unique program designed to empower and enlighten every participant and inspire confidence in diagnosis and treatment planning with predictable outcomes. Starting with “why,” Dr. KoIs builds a philosophy and systems that incorporate what you may already know, then develops, through research, evidence, and proven clinical techniques, the Diagnostically Driven Treatment Planning concept. Be prepared to confidently implement the skills and concepts for predictable management of patients immediately following the course.

The move from single tooth dentistry to comprehensive care requires a great understanding of risk factors and the ability to manage them effectively. The comprehensive examination—the initial patient engagement—focuses the clinician and patient on the variables most likely to ensure a predictable and excellent outcome. The comprehensive examination will be carefully examined to help you understand its most diagnostically useful elements, including an insightful look at the medical and dental history, how to better account for patient’s agendas and expectations, intelligent use of radiographic and photographic documentation, and periodontal, biomechanical, functional and dentofacial presentations. These keys to decision-making are presenting in this Treatment Planning Course and set the stage for both the immediate issues and a more long-term focus on predictable treatment outcomes.

Course Objectives

- Learn to comprehensively evaluate patients through simplified, systematic documentation.
- Learn to evaluate by a risk assessment protocol, and triage the four major diagnostic parameters that effect and define success in treatment outcomes.
- Learn to transfer treatment planning techniques to case presentation that leads to patient acceptance.
- Learn how to incorporate a comprehensive examination and systematic treatment planning into your patient care.
- Learn why Dr. KoIs’ treatment planning system and simplified diagnostic opinion can build your knowledge base dramatically and increase confidence in your ability.
- Learn how to recognize, assess and account for risk using a protocol that evaluates periodontal, biomechanical, functional and dentofacial issues.
- Learn how to transfer the four diagnostic parameters into treatment plans and sequences that will minimize risk and maximize long-term success.
- Learn how to engage the patient in understanding their condition so they may participate more fully in their own care.

153 – Functional Occlusion

Course Description

Understanding and managing functional occlusion is essential to the long-term stability of restorative dentistry. Successful occlusal management must incorporate a range of important considerations, from force management to laboratory and articulator management, to patient psychology, neurology and pharmacology. With the myriad of opinions and approaches that exist within the dental profession, managing occlusion can be a daunting responsibility.

Dr. KoIs’ philosophy of occlusal management incorporates diverse concepts and scientifically supported facts to supply successful, predictable, repeatable outcomes for both simple and complex restorative cases.

This course will provide you with a practical understanding of the masticatory system and teach you to utilize your laboratory technicians, office team, innovative technology and the dental articulator to predictably manage occlusion. You will be introduced to accessible methods which are scientifically researched, evidence-based and clinically proven.

Course Objectives

- Gain a clear understanding of Maximum Intercuspal Position, Centric Relation and Centric Occlusion.
- Learn to ask key questions related to Occlusion in the Dental History form and how to interpret the answers.
- Learn a classification and risk assessment system of normal and abnormal attrition of teeth, including: Acceptable Function, Frictional Chewing Pattern, Constricted Chewing Pattern, Occlusal Dysfunction, Parafunction, and Neurological Disorder.
- Learn how and when to use the KoIs Deprogrammer and other centric relation recording devices. You will work with your fellow participants to fabricate, deliver and experience your own KoIs Deprogrammer.
- Learn how to mount models on the Panadent articulator using the KoIs Dento-Facial Analyzer and to incorporate improved refinements on traditional methods.
- Understand a new, simplified terminology for occlusal management.

165 – Treatment Planning & Functional Occlusion

Course Description

This course is the week long combination of course 103 & 153: Treatment Planning and Functional Occlusion.





173 – Managing the Restorative/Periodontal Interface

Course Description

In Restorative/Periodontal Interface, Dr. KoIs presents the biology, behavior and interaction of bone, ligament, tooth structure and gingiva. He provides scientifically based clinical guidelines which allow you to readily predict and manipulate the gingival margin position.

Implementing the principles in this course will greatly enhance your efficiency and accuracy when faced with important tissue management challenges. You will gain confidence in both cosmetic and restorative outcomes. Acclaimed Clinical Instructor, Dr. Betsy Bakeman, will present a hands-on surgical instrumentation segment during this course.

Course Objectives

- Understand surgical and orthodontic concerns.
- Learn to coordinate therapy as it relates to the restorative/periodontal interface.
- Understand the metrics and anatomy of the dentogingival complex.
- Learn cervical limitations or enhancements to consider during tooth preparation.
- Learn pontic site and ridge management for prosthetics.
- Minimize and predict surgical defects when extracting teeth.
- Learn how bone and tooth structure can be favorably altered for restorative dentistry.
- Learn to manage biologic width, gingival margins, and contours.
- Learn how to perform esthetic crown lengthening.
- Determine acceptable compromises.

246 – Managing the Restorative/Periodontal Interface & Advanced Functional Occlusion

Course Description

This course is the 6-day combination of course 173: Managing the Restorative/Periodontal Interface and 303: Advanced Functional Occlusion.

255 – Biomechanics

Course Description

In Biomechanics, Dr. KoIs shares independent research and evidence based guidelines to understand caries detection, removal and prevention; the modes and etiology of tooth structure loss; tooth preparation and design principles utilizing proven dental materials and specific protocols for their use and important laboratory protocols to achieve predictable results.

This five day, comprehensive course will give you the power to make educated decisions about materials options and their specific protocols. You will understand how and when to utilize effective caries management regimens in challenging situations, and you will gain great clarity in making clinical decisions about when to restore and retain individual teeth, and when to remove them.

Course Objectives

- Learn how to assess biomechanical risk and prognosis.
- Learn metrics and principles for tooth preparation and design.
- Learn when to use direct vs. indirect restorations.
- Understand when to use cohesively vs. adhesively retained restorations.
- Learn laboratory and clinical protocols for adhesively and cohesively retained restorations.
- Understand why and when restorative failures occur and how you can use that information to increase your success rate.

275 – Implants Fixed & Removable

Course Description

As implants become an increasingly common part of comprehensive patient care, the restorative dentist needs ample knowledge of both fixed and removable implant options. Due to the significant cost of implant based dentistry, patient expectations are high. Dentists must understand the science, engineering and application of implantology to keep pace with this constantly evolving field.

During this five-day Implant course, Dr. KoIs will guide you through a step-by-step approach to achieve predictable success in restoring the challenging edentulous and partially edentulous patient. Diagnosis and risk assessment, as always, are considered as they relate to patient health, restorative selection and treatment protocols. You will gain a thorough knowledge of case and material selection, site and structure selection, sequencing of cases, impressions, jaw relation records, using attachments, cementation protocols and even evaluating failures.

This Implants Course will impart confidence in your ability to assess esthetic and functional factors unique to the edentulous and partially edentulous patient, while understanding the risk factors that may affect your treatment outcomes. You will gain the ability to effectively plan and execute comprehensive implant-based restorative treatment.

Course Objectives

- Learn to integrate treatment planning parameters such as biomechanical considerations, number of remaining teeth, number and spacing of implants, hard and soft tissue considerations and peri-implant esthetics to create a recipe for success in managing tooth replacement with implants.
- Improve referral communication in managing the treatment planning, placement and restoration of implants.
- Improve clinical management of fixed implant restorative cases.
- Learn to comprehensively evaluate patients, incorporating factors unique to the edentulous and partially edentulous patient.
- Learn to evaluate and include treatment options, including implants, which serve to enhance success.
- Learn simplified, accurate and logical systems for the predictable fabrication of removable restorations.
- Learn to incorporate occlusal concepts and maxillofacial considerations which improve function and esthetics.
- Understand how to assess and manage risk based on medical and dental conditions, incorporating factors unique to edentulous and partially edentulous patients to minimize loss of implant integration.
- Learn to choose effectively from the array of prosthetic options, sequence treatment, and improve communications with your specialists.
- Learn to incorporate occlusal concepts and maxillofacial considerations in implant restorative care.





303 – Advanced Functional Occlusion

Course Description

Understanding the biologic principles involved in developing a functional occlusion is vital to achieving predictable long-term restorative success. Traditionally, occlusion courses have centered on condylar position, muscle tension and gnathologic concepts such as canine guidance and mutual protection. The interpretations of these different schools of occlusion can be challenging to navigate.

Dr. KoIs brings clarity to the similarities and the differences between the various occlusal philosophies while expanding on the concepts introduced in 153 Functional Occlusion, including TMJ disorders and their management. He presents evidenced-based studies which redefine the options available for occlusal treatment.

The new paradigms presented in 303 Advanced Functional Occlusion will empower you to treat your patient's restorative needs predictably and successfully and enable you to assess TMJ health and know the boundaries of your treatment options.

Course Objectives

- Obtain a greater understanding of when tooth position vs. muscle position vs. condylar position should be used to establish the occlusal starting point for a restorative case.
- Learn how the horizontal and vertical components of occlusion can be combined with dentofacial parameters to optimize function and esthetics.
- Learn multiple techniques to obtain centric relation as a restorative reference position.
- Identify and categorize TMJ disorders into diagnostic subgroups and implement a treatment plan appropriate to the severity of the clinical findings.
- Understand the importance of joint stability and the sequencing of occlusal therapy for patients with TMD.
- Learn which lab records are required for cross mounting casts for complex cases and full-mouth rehabilitation.
- Learn new techniques, technologies, and materials to stage and segment complex cases.
- Learn the objectives of equilibration, and practice them through hands-on learning.

403 – Advanced Treatment Planning

Course Description

Advanced Treatment Planning is the capstone of the KoIs Center curriculum. This course assimilates the broad knowledge base learned in the previous eight courses and enables you to gain a deep, practical understanding of Dr. KoIs' concepts and protocols.

Participation is a key factor in Advanced Treatment Planning. With the help of your assigned Clinical Instructor, you will present your own fully documented case. Dr. KoIs leads the discussion of your clinical documentation in a supportive, step-by-step analysis which enhances effective communication and builds comprehensive treatment planning skills.

Advanced Treatment Planning is the philosophical and didactic culmination of all that is taught at the KoIs Center. This course will give you the opportunity to fully grasp the paradigm shift unique to Dr. KoIs' teaching.

Course Objectives

- Greatly increase confidence in your approach to simple and complex cases.
- Expand your ability to comprehensively evaluate patients through simplified, systematic documentation.
- Deepen your understanding of risk evaluation to achieve high levels of predictability.
- Enhance your ability to move from the treatment planning process to executing treatment in the most efficient successful way possible.
- Learn how to be the "quarterback" of the treatment process and work successfully with one to many specialists.
- Learn how to sequence complex cases over extended treatment times, helping patients achieve their long term goals.

